



How to Dispose of Household Trash

Please take your trash and recyclables out by **8 a.m. on collection days**. Collection times may differ depending on the situation during the collection day.

Please use official Chofu City trash bags to dispose of combustible and noncombustible garbage.

Category	Collection	Types of Trash (major examples)	Disposal Method	Points to Note about Disposal
Combustible garbage	Twice weekly	<ul style="list-style-type: none"> ○ Kitchen scraps and shells ○ Rubber items ○ Leather items ○ Shoes ○ Bags (fabric, leather, etc.) ○ Hats ○ Plastic wrappers and containers that cannot be cleaned ○ Disposable handwarmers ○ Hygiene products ○ Diapers (remove waste) Note: Collected for free. See the front. ○ Branches, grass, leaves Note: Collected for free (there is a limit). See the disposal method and points to note at right. ○ Paper trash (thermal paper, carbon paper, etc.) 	Place in authorized orange bags	<ul style="list-style-type: none"> ■ Drain kitchen scraps to remove moisture before disposal. ■ Placing the authorized trash bags in plastic buckets or other receptacles is also permitted if crows are a frequent problem.
		<ul style="list-style-type: none"> ○ Branches Note: Must be cut shorter than 40 cm; make bundles of up to 30 cm in diameter. Note: Branches that are 8 cm or thicker cannot be collected. ■ Up to five bundles can be collected at once. If you will be disposing of a large amount, please throw it away over multiple collection days. Grass and Leaves Put in a transparent or translucent bag and dispose of with combustible garbage. 	Free collection Branches Bundle with string and dispose of with combustible garbage. Grass and leaves Put in a transparent or translucent bag and dispose of with combustible garbage.	<ul style="list-style-type: none"> ■ Branches ■ Must be cut shorter than 40 cm; make bundles of up to 30 cm in diameter. ■ Note: Branches that are 8 cm or thicker cannot be collected. ■ Up to five bundles can be collected at once. If you will be disposing of a large amount, please throw it away over multiple collection days. Grass and Leaves ■ Up to 200 liters (around four 45-liter bags) can be collected at once. If you will be disposing of a large amount, please throw it away over multiple collection days. ■ Make sure not to include other garbage in the bag(s). If other garbage is mixed in, the bag(s) will not be collected.
Noncombustible garbage	Every other week	<ul style="list-style-type: none"> ○ Metal (pots, frying pans, aluminum foil, etc.) ○ Pottery (plates, rice bowls, etc.) ○ Glass (mirrors, lightbulbs, etc.) ○ Plastic and plastic items that are not containers or wrapping material (toys, Tupperware, buckets, etc.) ○ Polyurethane ○ Sponges ○ Straws ○ Dolls, stuffed animals ○ Small appliances ○ Knives and broken glass; please wrap these items in paper or cloth, put them in a bag, and attach a memo that says "キケン" (Danger) to the bag. 	Place in authorized blue bags	<ul style="list-style-type: none"> ■ Please dispose of knives and broken glassware and dinnerware safely by wrapping these items in newspaper or cloth, putting them in a city-approved trash bag, and attaching a memo that says "キケン" (Danger) to the bag. ■ Many garbage truck fires have been caused by gas kitchen stoves and canister-type burners. Gas kitchen stoves, canister-type burners, stoves (kerosene or gas) and other flame-producing equipment should be disposed of as oversized garbage regardless of their size.
		<ul style="list-style-type: none"> ○ Waste items that contain mercury (fluorescent lights, dry-cell batteries, button-cell batteries, thermometers, blood pressure monitors, etc.) ○ Items that may ignite (gas canisters, aerosol spray cans, lighters, etc.) ○ Mobile batteries*, electronic cigarettes (including heated-tobacco products) *Includes portable chargers for cellphones or tablets 	Do not place in bags. Place in buckets or other receptacles.	<ul style="list-style-type: none"> ■ Hazardous waste is picked up the same days as noncombustible garbage, but please be sure to separate it from noncombustible garbage. ■ Place fluorescent lights and other items that use mercury in the case you purchased them in to prevent breakage. ■ Please empty spray cans completely. ■ Do not punch holes in spray cans, which is very dangerous; use a degassing cap instead, and degas the cans outdoors. ■ If you cannot completely use up the contents of a spray can, do not try to forcefully empty it. Attach a paper that says "中身あり" (Not empty) and dispose of it.
Containers and wrapping Plastic	Once a week	<ul style="list-style-type: none"> ○ Plastic containers and wrapping materials that bear the plastic logo ○ Bags (snack and instant noodle packaging, grocery bags) ○ Polystyrene foam, trays, bubble wrap ○ Food containers, cups (instant food cups, convenience store box lunch containers) ○ Nets (for tangerines and other fruits) ○ PET bottle caps and labels 	Place in transparent or translucent bags.	<ul style="list-style-type: none"> ■ This does not include objects made of plastic such as toys or buckets. ■ Wash or wipe off food grime before disposal. Dispose of items that cannot be cleaned properly as combustible garbage. ■ If an item is cleaned of its contents but some oil stains remain, the item can be thrown away along with plastic wrappers and containers.
		<ul style="list-style-type: none"> ○ Newspapers ○ Magazines, books 	Bundled with string	<ul style="list-style-type: none"> ■ Paper is collected even on rainy days. ■ If your newspaper vendor collects old newspapers, please use that service. ■ Do not mix cardboard and newspapers. Please put them out separately. ■ Shredder waste can be collected for free on same day glass items are collected. ■ Dispose of the following as combustible garbage, since they cannot be recycled. <div style="border: 1px solid orange; padding: 5px; margin-top: 10px;"> <p>Thermal paper, carbon paper, photographs, paper cups, laundry detergent containers, extremely soiled paper, oil-stained paper, sticker backing, paper used to stuff shoes and bags, etc.</p> </div>
Paper and cloth	Wednesdays, weekly	<ul style="list-style-type: none"> ○ Cardboard 	Bundled with string	<ul style="list-style-type: none"> ■ Please do not put cloth items out on rainy days. ■ It is okay to leave buttons and fasteners on clothing.
		<ul style="list-style-type: none"> ○ Assorted paper in sizes larger than business cards (confectionery boxes, postcards, envelopes, memo paper, copy paper, flyers, product wrapping paper, paper bags, etc.) ○ Paper cartons (for milk and other beverages) Note: Dispose of paper cartons with aluminum inner linings as noncombustible garbage. 	Fold or insert between flyers and place in paper bags.	
Bottles	Once a week	<ul style="list-style-type: none"> ○ Glass bottles for beverages or food products (sake, juice, condiments, etc.) Note: There is no need to remove labels. 	Do not place in bags. Place items directly in crates, buckets, or other receptacles.	<ul style="list-style-type: none"> ■ Rinse lightly with water before disposal. ■ Throw plastic caps away as plastic trash and metal caps as noncombustible garbage. ■ Cosmetics bottles, paint cans, and other bottles and cans not used for food or beverages do not fall under this category. ⇒ Please throw these items away as noncombustible garbage. ■ Flatten PET bottles as much as possible. ■ Remove labels and caps and dispose of them along with plastic wrappers and containers.
Cans	Once a week	<ul style="list-style-type: none"> ○ Cans for beverages or food products (beer, juice, condiments, confectionery, etc.) Note: There is no need to crush cans. 		<ul style="list-style-type: none"> ■ Flatten PET bottles as much as possible. ■ Remove labels and caps and dispose of them along with plastic wrappers and containers.
PET bottles	Every other week	<ul style="list-style-type: none"> ○ Items bearing this logo (PET bottles for food, beverages such as juice and tea, and condiments) 		<ul style="list-style-type: none"> ■ Rinse or wipe off food, dirt, sand or other grime from trays, grocery bags and other plastic wrappers and containers. Dispose of items that can be cleaned along with plastic wrappers and containers, and treat items that cannot be cleaned as combustible garbage. ■ If an item is cleaned of its contents but some oil stains remain, the item can be thrown away along with plastic wrappers and containers. Please dry it before disposal.
Shredder waste	Once a week	<ul style="list-style-type: none"> ○ Shredder waste 	Place in transparent or translucent bags and dispose of it on the collection day for bottles .	<ul style="list-style-type: none"> ■ Up to 90 liters (two 45-liter bags) can be collected at once. ■ Make sure not to include other garbage in the bag(s). If other garbage is mixed in, the bag(s) will not be collected.
Oversized Garbage	Pickup by request	<ul style="list-style-type: none"> ○ Household electrical appliances, bicycles, HV/AC units, wardrobes, tables and other items 40 cm or larger on their longest side. ○ Items less than 40 cm on their longest side that may cause problems during regular collection (stoves, canister-type burners and other flame-producing equipment). 	<ul style="list-style-type: none"> ■ Register by phone or through the Internet (fees charged for pickup) Oversized Garbage Reception Center Tel: 03-5296-7600 URL: http://sodai.tokyokankyo.or.jp/ 	<div style="border: 1px solid orange; padding: 5px; text-align: center;"> <p>See front for details</p> </div>

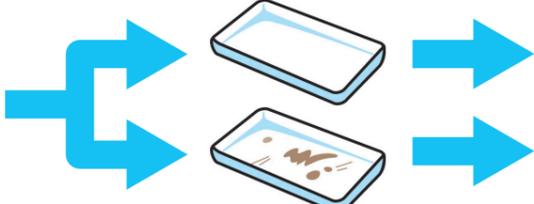
Please check your neighborhood trash and recycling calendar to find out when trash is collected.

Treat dirty plastic wrappers and containers as combustible garbage

Throw away plastic wrappers and containers that cannot be cleaned properly as **combustible garbage**.



Rinse or wipe off grime



Plastic containers and wrapping

Combustible garbage

- Rinse or wipe off food, dirt, sand or other grime from trays, grocery bags and other plastic wrappers and containers. Dispose of items that can be cleaned along with plastic wrappers and containers, and treat items that cannot be cleaned as combustible garbage.
- If an item is cleaned of its contents but some oil stains remain, the item can be thrown away along with plastic wrappers and containers. Please dry it before disposal.